Materials handling is one of the leading causes of occupational injury at UNC Charlotte. Lifting, pushing, pulling and carrying can lead to pain and permanent body damage. Therefore it is very important that you as an Employee remain aware of your environmental conditions and how to properly handle materials. This fact sheet provides general awareness of standard practices to prevent materials injuries. Please remember it is your responsibility as an employee to follow safe working practices and report any unsafe condition to your immediate supervisor. The campus has a goal of zero accidents and we need your support to ensure the safety of our campus community.

If you have any questions, please contact the Environmental Health and Safety Office at 704-687-1111. We are available to assist with recommending engineering improvements (i.e. redesign work station, lifting equipment) and/or administrative improvements (i.e. training, standard operating procedures). Our website also has a variety of assistance tools.

For more information, please see the OSHA Materials Handling and Storage Guide.